



COSMETIC PHYSICIANS
COLLEGE
OF AUSTRALASIA

Protocol for Delegated Cosmetic S4 Injections

Current September 2016

Suitably-trained registered nurses may administer S4 medicines for cosmetic purposes after a doctor has consulted in person, face-to-face with a patient and formulated a written treatment plan:

1. To cover a time period no greater than 1 year
2. Stipulating the areas to be treated
3. Stating which medications are to be used
4. Setting the maximum number of procedures
5. Stating the maximum dosages of the medications to be administered.

The patient and treatment plan would be reviewed:

1. At the expiration of the set time period
2. If unexpected side effects or complications occurred
3. If the patient or nurse were unhappy with the results
4. If new indications for the ordered medications were contemplated
5. If other medications were considered for the original or new indications
6. If the original presentation were altered by e.g. surgery, trauma, pregnancy or other procedures for which the original treatment plan did not cater.

If the patient is taking new medications the nurse would need to check with the supervising doctor prior to the procedure to ensure there were no contraindications to proceeding with the treatment plan.

The doctor should ensure that the nurse is fully competent and capable to carry out all injections that are delegated to him/her. The supervising doctor must be capable of performing these procedures him- or herself and should perform those procedures which are outside the nurse's capabilities him- or herself.

Suitably-trained registered nurses may perform such procedures at adequately-equipped premises, distant from the doctor's rooms, if treatment plans for all patients had previously been formulated by the supervising doctor, following an in person, face-to-face consultation. The doctor should be readily contactable but need not be on site.

After each instance where S4 medicines are taken away from the doctor's rooms, an inventory must be performed. The amount of stock returned must be reconciled with the amount taken away, that recorded as injected and the monetary return.

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It is not acceptable for a doctor to on-sell S4 medications to a nurse or other person to then administer these to patients, regardless of any prior order for the administration of said medications.

Registered nurses performing such procedures must:

1. Have current national registration
2. Be covered by the practice insurance policy, or in the case of an independent contractor have his or her own policy
3. Have had adequate training in the particular procedure/s
4. Have been certified as competent where certification exists, or deemed competent by a trainer
5. Approved by the supervising doctor.

The CPCA does not endorse the use of injectors whose qualifications or experience is less than that stated above and is vehemently opposed to injections being given by non-paramedical persons such as beauty therapists.

All members should ensure there are no additional requirements pertinent to their own state or territory which must be fulfilled.

See also, [CPCA Technology-based Patient Consultation Policy](#) (Teleconsultation) and AHPRA/Medical Board of Australia [guidelines](#)